

Janvier

| Date   | Pleine mer |               |              |       | Basse mer     |              |
|--------|------------|---------------|--------------|-------|---------------|--------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |
| Ven 1  | 51         | 00:55         | 13:21        | 47    | 07:52         | 20:26        |
| Sam 2  | 45         | 02:03         | 14:35        | 44    | 08:55         | 21:32        |
| Dim 3  | 45         | 03:19         | 15:50        | 46    | 10:07         | 22:44        |
| Lun 4  | 49         | 04:27         | 16:54        | 52    | 11:17         | 23:47        |
| Mar 5  | 55         | 05:22         | 17:46        | 59    | --:--         | 12:14        |
| Mer 6  | 62         | 06:07         | 18:31        | 65    | 00:39         | 13:02        |
| Jeu 7  | 68         | 06:48         | 19:10        | 70    | 01:23         | 13:43        |
| Ven 8  | 72         | 07:24         | 19:45        | 74    | 02:01         | 14:21        |
| Sam 9  | 75         | 07:57         | 20:17        | 76    | 02:36         | 14:56        |
| Dim 10 | 77         | 08:29         | 20:49        | 77    | 03:10         | 15:30        |
| Lun 11 | 76         | 09:01         | 21:20        | 75    | 03:42         | 16:03        |
| Mar 12 | 74         | 09:32         | 21:52        | 72    | 04:14         | 16:35        |
| Mer 13 | 69         | 10:03         | 22:24        | 66    | 04:44         | 17:06        |
| Jeu 14 | 63         | 10:37         | 22:59        | 60    | 05:16         | 17:39        |
| Ven 15 | 56         | 11:16         | 23:42        | 53    | 05:52         | 18:18        |
| Sam 16 | --         | --:--         | 12:05        | 50    | 06:36         | 19:08        |
| Dim 17 | 47         | 00:39         | 13:13        | 45    | 07:35         | 20:15        |
| Lun 18 | 45         | 01:55         | 14:39        | 47    | 08:56         | 21:41        |
| Mar 19 | 51         | 03:20         | 16:04        | 56    | 10:28         | 23:07        |
| Mer 20 | 63         | 04:39         | 17:20        | 69    | 11:48         | --:--        |
| Jeu 21 | 77         | 05:47         | 18:23        | 84    | 00:21         | 12:57        |
| Ven 22 | 91         | 06:45         | 19:19        | 96    | 01:25         | 14:00        |
| Sam 23 | 101        | 07:36         | 20:08        | 104   | 02:24         | 14:56        |
| Dim 24 | 106        | 08:23         | 20:52        | 107   | 03:16         | 15:45        |
| Lun 25 | 106        | 09:06         | 21:33        | 103   | 04:01         | 16:29        |
| Mar 26 | 99         | 09:45         | 22:10        | 94    | 04:41         | 17:06        |
| Mer 27 | 87         | 10:22         | 22:45        | 80    | 05:15         | 17:39        |
| Jeu 28 | 72         | 10:58         | 23:20        | 65    | 05:47         | 18:09        |
| Ven 29 | 57         | 11:35         | 23:59        | 49    | 06:19         | 18:40        |
| Sam 30 | --         | --:--         | 12:19        | 43    | 06:55         | 19:19        |
| Dim 31 | 37         | 00:53         | 13:29        | 33    | 07:48         | 20:22        |

Mars

| Date   | Pleine mer |               |              |       | Basse mer     |              |
|--------|------------|---------------|--------------|-------|---------------|--------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |
| Lun 1  | --         | --:--         | 12:23        | 28    | 06:52         | 19:16        |
| Mar 2  | 25         | 01:19         | 14:42        | 25    | 08:15         | 21:09        |
| Mer 3  | 29         | 03:38         | 16:20        | 35    | 10:13         | 23:01        |
| Jeu 4  | 41         | 04:45         | 17:13        | 48    | 11:33         | --:--        |
| Ven 5  | 54         | 05:31         | 17:53        | 61    | 00:02         | 12:22        |
| Sam 6  | 67         | 06:09         | 18:29        | 72    | 00:46         | 13:06        |
| Dim 7  | 77         | 06:44         | 19:03        | 82    | 01:26         | 13:46        |
| Lun 8  | 85         | 07:18         | 19:35        | 89    | 02:03         | 14:23        |
| Mar 9  | 91         | 07:50         | 20:06        | 93    | 02:39         | 14:58        |
| Mer 10 | 93         | 08:21         | 20:37        | 93    | 03:13         | 15:31        |
| Jeu 11 | 92         | 08:52         | 21:07        | 90    | 03:45         | 16:02        |
| Ven 12 | 88         | 09:22         | 21:38        | 84    | 04:15         | 16:31        |
| Sam 13 | 79         | 09:54         | 22:10        | 73    | 04:45         | 17:00        |
| Dim 14 | 67         | 10:29         | 22:47        | 60    | 05:15         | 17:32        |
| Lun 15 | 53         | 11:12         | 23:36        | 46    | 05:51         | 18:13        |
| Mar 16 | --         | --:--         | 12:17        | 41    | 06:44         | 19:21        |
| Mer 17 | 38         | 00:59         | 14:15        | 39    | 08:13         | 21:07        |
| Jeu 18 | 44         | 03:03         | 16:07        | 51    | 10:05         | 22:46        |
| Ven 19 | 60         | 04:30         | 17:14        | 69    | 11:30         | --           |
| Sam 20 | 78         | 05:29         | 18:03        | 86    | 00:00         | 12:36        |
| Dim 21 | 93         | 06:17         | 18:45        | 98    | 01:00         | 13:32        |
| Lun 22 | 103        | 07:01         | 19:25        | 105   | 01:53         | 14:20        |
| Mar 23 | 106        | 07:41         | 20:03        | 106   | 02:37         | 15:02        |
| Mer 24 | 104        | 08:18         | 20:38        | 101   | 03:16         | 15:37        |
| Jeu 25 | 97         | 08:52         | 21:10        | 92    | 03:49         | 16:06        |
| Ven 26 | 85         | 09:24         | 21:40        | 79    | 04:17         | 16:32        |
| Sam 27 | 71         | 09:54         | 22:09        | 64    | 04:43         | 16:55        |
| Dim 28 | 56         | 11:23         | 23:37        | 48    | 06:08         | 18:17        |
| Lun 29 | 40         | 11:55         | --:--        | --    | 06:34         | 18:43        |
| Mar 30 | 34         | 00:11         | 12:43        | 28    | 07:12         | 19:28        |
| Mer 31 | 24         | 01:21         | 14:48        | 24    | 08:24         | 21:14        |

Mai

| Date   | Pleine mer |               |              |       | Basse mer     |              |
|--------|------------|---------------|--------------|-------|---------------|--------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |
| Sam 1  | 36         | 03:50         | 16:28        | 42    | 10:39         | 23:16        |
| Dim 2  | 47         | 04:52         | 17:22        | 53    | 11:43         | --:--        |
| Lun 3  | 59         | 05:42         | 18:07        | 65    | 00:12         | 12:37        |
| Mar 4  | 70         | 06:27         | 18:49        | 76    | 01:03         | 13:27        |
| Mer 5  | 80         | 07:08         | 19:29        | 84    | 01:51         | 14:15        |
| Jeu 6  | 87         | 07:49         | 20:07        | 90    | 02:37         | 14:59        |
| Ven 7  | 92         | 08:29         | 20:46        | 92    | 03:21         | 15:41        |
| Sam 8  | 92         | 09:09         | 21:26        | 91    | 04:03         | 16:21        |
| Dim 9  | 88         | 09:51         | 22:07        | 85    | 04:44         | 17:00        |
| Lun 10 | 81         | 10:35         | 22:52        | 76    | 05:24         | 17:40        |
| Mar 11 | 71         | 11:23         | 23:42        | 66    | 06:07         | 18:23        |
| Mer 12 | --         | --:--         | 12:20        | 61    | 06:56         | 19:17        |
| Jeu 13 | 57         | 00:42         | 13:29        | 54    | 07:56         | 20:25        |
| Ven 14 | 53         | 01:56         | 14:49        | 53    | 09:09         | 21:42        |
| Sam 15 | 55         | 03:16         | 16:07        | 58    | 10:24         | 22:55        |
| Dim 16 | 61         | 04:27         | 17:07        | 65    | 11:32         | 23:59        |
| Lun 17 | 69         | 05:27         | 17:59        | 72    | --:--         | 12:33        |
| Mar 18 | 75         | 06:18         | 18:45        | 77    | 00:57         | 13:28        |
| Mer 19 | 79         | 07:04         | 19:28        | 80    | 01:49         | 14:16        |
| Jeu 20 | 80         | 07:47         | 20:08        | 80    | 02:35         | 14:57        |
| Ven 21 | 80         | 08:27         | 20:45        | 79    | 03:14         | 15:32        |
| Sam 22 | 77         | 09:04         | 21:19        | 75    | 03:48         | 16:03        |
| Dim 23 | 73         | 09:39         | 21:52        | 70    | 04:20         | 16:33        |
| Lun 24 | 66         | 10:13         | 22:26        | 63    | 04:52         | 17:03        |
| Mar 25 | 59         | 10:48         | 23:00        | 55    | 05:22         | 17:32        |
| Mer 26 | 51         | 11:25         | 23:38        | 48    | 05:54         | 18:03        |
| Jeu 27 | --         | --:--         | 12:07        | 45    | 06:29         | 18:41        |
| Ven 28 | 42         | 00:25         | 12:59        | 40    | 07:14         | 19:34        |
| Sam 29 | 39         | 01:24         | 14:03        | 39    | 08:13         | 20:43        |
| Dim 30 | 40         | 02:33         | 15:12        | 42    | 09:23         | 21:59        |
| Lun 31 | 45         | 03:41         | 16:17        | 49    | 10:34         | 23:09        |

Juillet

| Date   | Pleine mer |               |              |       | Basse mer     |              |
|--------|------------|---------------|--------------|-------|---------------|--------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |
| Jeu 1  | 55         | 04:54         | 17:28        | 60    | 11:58         | --:--        |
| Ven 2  | 66         | 06:00         | 18:29        | 71    | 00:35         | 13:05        |
| Sam 3  | 77         | 07:01         | 19:26        | 82    | 01:39         | 14:07        |
| Dim 4  | 87         | 07:58         | 20:20        | 91    | 02:39         | 15:05        |
| Lun 5  | 94         | 08:52         | 21:10        | 97    | 03:36         | 15:59        |
| Mar 6  | 98         | 09:42         | 21:58        | 99    | 04:30         | 16:49        |
| Mer 7  | 98         | 10:29         | 22:43        | 96    | 05:19         | 17:35        |
| Jeu 8  | 93         | 11:13         | 23:26        | 88    | 06:03         | 18:17        |
| Ven 9  | 83         | 11:55         | --:--        | --    | 06:45         | 18:58        |
| Sam 10 | 77         | 00:09         | 12:37        | 71    | 07:24         | 19:39        |
| Dim 11 | 65         | 00:54         | 13:25        | 59    | 08:05         | 20:24        |
| Lun 12 | 54         | 01:47         | 14:23        | 49    | 08:53         | 21:21        |
| Mar 13 | 46         | 02:54         | 15:39        | 45    | 09:54         | 22:33        |
| Mer 14 | 45         | 04:13         | 16:58        | 46    | 11:09         | 23:48        |
| Jeu 15 | 48         | 05:28         | 18:05        | 51    | --:--         | 12:22        |
| Ven 16 | 55         | 06:30         | 18:57        | 58    | 00:54         | 13:22        |
| Sam 17 | 62         | 07:19         | 19:39        | 65    | 01:47         | 14:10        |
| Dim 18 | 68         | 08:01         | 20:16        | 70    | 02:32         | 14:52        |
| Lun 19 | 72         | 08:37         | 20:51        | 74    | 03:11         | 15:28        |
| Mar 20 | 75         | 09:10         | 21:23        | 76    | 03:47         | 16:02        |
| Mer 21 | 77         | 09:41         | 21:53        | 76    | 04:21         | 16:34        |
| Jeu 22 | 76         | 10:11         | 22:24        | 75    | 04:53         | 17:05        |
| Ven 23 | 73         | 10:41         | 22:54        | 71    | 05:24         | 17:34        |
| Sam 24 | 69         | 11:12         | 23:25        | 66    | 05:53         | 18:03        |
| Dim 25 | 62         | 11:44         | 23:59        | 59    | 06:23         | 18:35        |
| Lun 26 | --         | --:--         | 12:21        | 55    | 06:57         | 19:14        |
| Mar 27 | 51         | 00:41         | 13:09        | 48    | 07:39         | 20:05        |
| Mer 28 | 45         | 01:39         | 14:16        | 43    | 08:37         | 21:17        |
| Jeu 29 | 43         | 02:58         | 15:39        | 45    | 09:58         | 22:49        |
| Ven 30 | 49         | 04:25         | 17:05        | 54    | 11:29         | --:--        |
| Sam 31 | 61         | 05:47         | 18:19        | 69    | 12:46         | 00:12        |

Février

| Date   | Pleine mer |               |              |       | Basse mer     |              |
|--------|------------|---------------|--------------|-------|---------------|--------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |
| Lun 1  | 32         | 02:25         | 15:15        | 33    | 09:11         | 21:56        |
| Mar 2  | 37         | 04:04         | 16:39        | 41    | 10:45         | 23:23        |
| Mer 3  | 46         | 05:08         | 17:35        | 52    | 11:55         | --:--        |
| Jeu 4  | 57         | 05:55         | 18:18        | 62    | 00:23         | 12:46        |
| Ven 5  | 67         | 06:33         | 18:55        | 71    | 01:09         | 13:29        |
| Sam 6  | 75         | 07:09         | 19:29        | 78    | 01:49         | 14:08        |
| Dim 7  | 81         | 07:42         | 20:00        | 84    | 02:25         | 14:44        |
| Lun 8  | 85         | 08:13         | 20:31        | 86    | 02:59         | 15:18        |
| Mar 9  | 87         | 08:44         | 21:01        | 87    | 03:31         | 15:51        |
| Mer 10 | 86         | 09:14         | 21:31        | 84    | 04:02         | 16:21        |
| Jeu 11 | 81         | 09:43         | 22:00        | 78    | 04:32         | 16:50        |
| Ven 12 | 74         | 10:14         | 22:32        | 69    | 05:00         | 17:19        |
| Sam 13 | 64         | 10:48         | 23:08        | 58    | 05:31         | 17:50        |
| Dim 14 | 53         | 11:30         | 23:57        | 47    | 06:07         | 18:32        |
| Lun 15 | --         | --:--         | 12:31        | 43    | 06:59         | 19:36        |
| Mar 16 | 40         | 01:13         | 14:11        | 40    | 08:22         | 21:14        |
| Mer 17 | 44         | 03:01         | 16:02        | 50    | 10:10         | 22:53        |
| Jeu 18 | 59         | 04:37         | 17:22        | 67    | 11:38         | --:--        |
| Ven 19 | 77         | 05:44         | 18:19        | 85    | 00:12         | 12:49        |
| Sam 20 | 93         | 06:37         | 19:07        | 99    | 01:17         | 13:50        |
| Dim 21 | 105        | 07:23         | 19:51        | 108   | 02:13         | 14:43        |
| Lun 22 | 110        | 08:05         | 20:31        | 110   | 03:01         | 15:28        |
| Mar 23 | 109        | 08:44         | 21:07        | 106   | 03:42         | 16:06        |
| Mer 24 | 102        | 09:20         | 21:41        | 96    | 04:18         | 16:39        |
| Jeu 25 | 89         | 09:53         | 22:12        | 82    | 04:48         | 17:06        |
| Ven 26 | 74         | 10:24         | 22:42        | 65    | 05:14         | 17:30        |
| Sam 27 | 57         | 10:55         | 23:13        | 49    | 05:40         | 17:54        |
| Dim 28 | 40         | 11:29         | 23:52        | 33    | 06:09         | 18:23        |

**Attention !** Ces horaires, rédigés en temps légal (celui de la montre) sont ceux de Cancale et non ceux de Granville. Modifications pour le Mont Saint-Michel: - 5 mn pour la pleine mer.

Avril

| Date   | Pleine mer |               |              |       | Basse mer     |              |
|--------|------------|---------------|--------------|-------|---------------|--------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |
| Jeu 1  | 27         | 03:42         | 16:34        | 32    | 10:23         | 23:16        |
| Ven 2  | 38         | 05:04         | 17:32        | 44    | 11:47         | --:--        |
| Sam 3  | 51         | 05:52         | 18:15        | 58    | 00:20         | 12:41        |
| Dim 4  | 64         | 06:32         | 18:53        | 70    | 01:07         | 13:28        |
| Lun 5  | 76         | 07:09         | 19:29        | 81    | 01:50         | 14:11        |
| Mar 6  | 85         | 07:45         | 20:04        | 89    | 02:31         | 14:52        |
| Mer 7  | 91         | 08:20         | 20:37        | 94    | 03:10         | 15:30        |
| Jeu 8  | 95         | 08:55         | 21:11        | 95    | 03:48         | 16:06        |
| Ven 9  | 94         | 09:29         | 21:44        | 92    | 04:24         | 16:40        |
| Sam 10 | 89         | 10:04         | 22:19        | 85    | 04:58         | 17:13        |
| Dim 11 | 80         | 10:40         | 22:56        | 74    | 05:32         | 17:46        |
| Lun 12 | 67         | 11:21         | 23:39        | 60    | 06:07         | 18:23        |
| Mar 13 | --         | --:--         | 12:12        | 54    | 06:49         | 19:11        |
| Mer 14 | 48         | 00:37         | 13:28        | 44    | 07:48         | 20:24        |
| Jeu 15 | 43         | 02:06         | 15:16        | 45    | 09:18         | 22:03        |
| Ven 16 | 50         | 03:50         | 16:45        | 56    | 10:53         | 23:28        |
| Sam 17 | 63         | 05:06         | 17:47        | 70    | 12:08         | --:--        |
| Dim 18 | 76         | 06:02         | 18:34        | 82    | 00:35         | 13:10        |
| Lun 19 | 87         | 06:50         | 19:16        | 90    | 01:33         | 14:03        |
| Mar 20 | 93         | 07:33         | 19:56        | 94    | 02:23         | 14:50        |
| Mer 21 | 95         | 08:13         | 20:34        | 94    | 03:07         | 15:30        |
| Jeu 22 | 93         | 08:50         | 21:09        | 90    | 03:45         | 16:04        |
| Ven 23 | 87         | 09:25         | 21:41        | 83    | 04:18         | 16:33        |
| Sam 24 | 79         | 09:58         | 22:12        | 74    | 04:47         | 17:00        |
| Dim 25 | 68         | 10:30         | 22:43        | 62    | 05:15         | 17:25        |
| Lun 26 | 56         | 11:02         | 23:14        | 50    | 05:42         | 17:50        |
| Mar 27 | 44         | 11:37         | 23:51        | 39    | 06:10         | 18:18        |
| Mer 28 | --         | --:--         | 12:26        | 34    | 06:47         | 19:00        |
| Jeu 29 | 31         | 00:51         | 13:46        | 29    | 07:44         | 20:16        |
| Ven 30 | 30         | 02:27         | 15:17        | 32    | 09:13         | 22:01        |

Septembre

| Date   | Pleine mer |   |             |   | Basse mer  |       |   |             |   |            |
|--------|------------|---|-------------|---|------------|-------|---|-------------|---|------------|
|        | Coef.      | h | Matin<br>mn | h | Soir<br>mn | Coef. | h | Matin<br>mn | h | Soir<br>mn |
| Mer 1  | 107        |   | 08:24       |   | 20:41      | 110   |   | 03:12       |   | 15:34      |
| Jeu 2  | 112        |   | 09:06       |   | 21:22      | 111   |   | 04:01       |   | 16:19      |
| Ven 3  | 109        |   | 09:45       |   | 22:00      | 106   |   | 04:44       |   | 16:58      |
| Sam 4  | 101        |   | 10:22       |   | 22:36      | 94    |   | 05:20       |   | 17:32      |
| Dim 5  | 87         |   | 10:56       |   | 23:10      | 79    |   | 05:51       |   | 18:02      |
| Lun 6  | 70         |   | 11:29       |   | 23:44      | 61    |   | 06:18       |   | 18:31      |
| Mar 7  | --         |   | --:--       |   | 12:04      | 53    |   | 06:45       |   | 19:03      |
| Mer 8  | 44         |   | 00:24       |   | 12:49      | 37    |   | 07:17       |   | 19:48      |
| Jeu 9  | 31         |   | 01:25       |   | 14:20      | 28    |   | 08:10       |   | 21:11      |
| Ven 10 | 28         |   | 03:28       |   | 16:25      | 31    |   | 10:01       |   | 23:07      |
| Sam 11 | 36         |   | 05:04       |   | 17:32      | 42    |   | 11:49       |   | --:--      |
| Dim 12 | 49         |   | 05:59       |   | 18:17      | 55    |   | 00:19       |   | 12:47      |
| Lun 13 | 61         |   | 06:37       |   | 18:55      | 66    |   | 01:07       |   | 13:30      |
| Mar 14 | 71         |   | 07:12       |   | 19:28      | 76    |   | 01:49       |   | 14:09      |
| Mer 15 | 79         |   | 07:45       |   | 20:00      | 83    |   | 02:27       |   | 14:46      |
| Jeu 16 | 85         |   | 08:16       |   | 20:32      | 87    |   | 03:04       |   | 15:20      |
| Ven 17 | 89         |   | 08:47       |   | 21:02      | 89    |   | 03:38       |   | 15:53      |
| Sam 18 | 89         |   | 09:16       |   | 21:32      | 88    |   | 04:10       |   | 16:25      |
| Dim 19 | 87         |   | 09:46       |   | 22:01      | 84    |   | 04:40       |   | 16:55      |
| Lun 20 | 81         |   | 10:15       |   | 22:31      | 77    |   | 05:09       |   | 17:24      |
| Mar 21 | 72         |   | 10:46       |   | 23:04      | 66    |   | 05:37       |   | 17:54      |
| Mer 22 | 60         |   | 11:21       |   | 23:44      | 54    |   | 06:08       |   | 18:28      |
| Jeu 23 | --         |   | --:--       |   | 12:06      | 47    |   | 06:47       |   | 19:16      |
| Ven 24 | 42         |   | 00:43       |   | 13:20      | 39    |   | 07:46       |   | 20:35      |
| Sam 25 | 38         |   | 02:31       |   | 15:21      | 42    |   | 09:23       |   | 22:25      |
| Dim 26 | 48         |   | 04:26       |   | 16:56      | 57    |   | 11:07       |   | 23:53      |
| Lun 27 | 65         |   | 05:38       |   | 17:58      | 75    |   | --:--       |   | 12:23      |
| Mar 28 | 83         |   | 06:31       |   | 18:48      | 91    |   | 00:59       |   | 13:25      |
| Mer 29 | 97         |   | 07:16       |   | 19:33      | 102   |   | 01:57       |   | 14:20      |
| Jeu 30 | 106        |   | 07:58       |   | 20:16      | 108   |   | 02:49       |   | 15:10      |

Octobre

| Date   | Pleine mer |               |              |       | Basse mer     |              |  |
|--------|------------|---------------|--------------|-------|---------------|--------------|--|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |  |
| Ven 1  | 108        | 08:38         | 20:55        | 107   | 03:36         | 15:53        |  |
| Sam 2  | 104        | 09:16         | 21:33        | 100   | 04:15         | 16:30        |  |
| Dim 3  | 95         | 09:52         | 22:08        | 89    | 04:49         | 17:03        |  |
| Lun 4  | 82         | 10:25         | 22:41        | 74    | 05:18         | 17:32        |  |
| Mar 5  | 67         | 10:57         | 23:15        | 58    | 05:44         | 18:00        |  |
| Mer 6  | 51         | 11:30         | 23:52        | 43    | 06:09         | 18:30        |  |
| Jeu 7  | --         | --:--         | 12:11        | 36    | 06:38         | 19:11        |  |
| Ven 8  | 30         | 00:49         | 13:33        | 27    | 07:25         | 20:24        |  |
| Sam 9  | 26         | 02:43         | 15:38        | 29    | 09:10         | 22:20        |  |
| Dim 10 | 34         | 04:20         | 16:51        | 39    | 11:06         | 23:37        |  |
| Lun 11 | 45         | 05:17         | 17:39        | 51    | --:--         | 12:06        |  |
| Mar 12 | 58         | 05:57         | 18:15        | 63    | 00:27         | 12:50        |  |
| Mer 13 | 69         | 06:33         | 18:51        | 74    | 01:10         | 13:31        |  |
| Jeu 14 | 78         | 07:09         | 19:27        | 82    | 01:51         | 14:11        |  |
| Ven 15 | 85         | 07:43         | 20:00        | 87    | 02:31         | 14:49        |  |
| Sam 16 | 89         | 08:16         | 20:34        | 90    | 03:08         | 15:26        |  |
| Dim 17 | 90         | 08:48         | 21:06        | 89    | 03:43         | 16:01        |  |
| Lun 18 | 88         | 09:20         | 21:40        | 85    | 04:17         | 16:35        |  |
| Mar 19 | 82         | 09:53         | 22:15        | 78    | 04:49         | 17:09        |  |
| Mer 20 | 73         | 10:29         | 22:53        | 67    | 05:22         | 17:43        |  |
| Jeu 21 | 61         | 11:10         | 23:40        | 56    | 05:57         | 18:23        |  |
| Ven 22 | --         | --:--         | 12:03        | 50    | 06:41         | 19:17        |  |
| Sam 23 | 46         | 00:48         | 13:23        | 44    | 07:45         | 20:36        |  |
| Dim 24 | 44         | 02:30         | 15:07        | 48    | 09:17         | 22:12        |  |
| Lun 25 | 53         | 04:07         | 16:29        | 60    | 10:48         | 23:31        |  |
| Mar 26 | 67         | 05:11         | 17:30        | 74    | 11:59         | --:--        |  |
| Mer 27 | 80         | 06:02         | 18:20        | 86    | 00:35         | 12:59        |  |
| Jeu 28 | 91         | 06:48         | 19:06        | 94    | 01:31         | 13:53        |  |
| Ven 29 | 96         | 07:30         | 19:49        | 97    | 02:21         | 14:42        |  |
| Sam 30 | 97         | 08:11         | 20:30        | 96    | 03:06         | 15:25        |  |
| Dim 31 | 94         | 07:49         | 20:08        | 91    | 02:45         | 15:02        |  |

Novembre

| Date   | Pleine mer |               |              |       | Basse mer |             |            |
|--------|------------|---------------|--------------|-------|-----------|-------------|------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | h         | Matin<br>mn | Soir<br>mn |
| Dim 1  | 87         | 08:25         | 20:44        | 82    |           | 03:19       | 15:35      |
| Lun 2  | 77         | 08:59         | 21:19        | 71    |           | 03:48       | 16:05      |
| Mar 3  | 65         | 09:32         | 21:53        | 59    |           | 04:15       | 16:35      |
| Mer 4  | 53         | 10:06         | 22:31        | 46    |           | 04:42       | 17:05      |
| Jeu 5  | 41         | 10:45         | 23:18        | 36    |           | 05:11       | 17:41      |
| Ven 6  | 33         | 11:43         | --:--        | --    |           | 05:51       | 18:35      |
| Sam 7  | 31         | 00:31         | 13:10        | 31    |           | 07:00       | 19:59      |
| Dim 8  | 33         | 01:56         | 14:32        | 36    |           | 08:41       | 21:24      |
| Lun 9  | 40         | 03:07         | 15:34        | 45    |           | 09:59       | 22:28      |
| Mar 10 | 51         | 04:01         | 16:24        | 56    |           | 10:55       | 23:20      |
| Mer 11 | 62         | 04:47         | 17:08        | 67    |           | 11:44       | --:--      |
| Jeu 12 | 72         | 05:28         | 17:49        | 76    |           | 00:08       | 12:31      |
| Ven 13 | 80         | 06:08         | 18:29        | 83    |           | 00:53       | 13:15      |
| Sam 14 | 85         | 06:45         | 19:07        | 87    |           | 01:36       | 13:58      |
| Dim 15 | 88         | 07:23         | 19:46        | 89    |           | 02:17       | 14:39      |
| Lun 16 | 88         | 08:01         | 20:26        | 87    |           | 02:56       | 15:20      |
| Mar 17 | 84         | 08:41         | 21:08        | 81    |           | 03:35       | 16:00      |
| Mer 18 | 77         | 09:24         | 21:54        | 73    |           | 04:14       | 16:42      |
| Jeu 19 | 69         | 10:11         | 22:46        | 64    |           | 04:57       | 17:28      |
| Ven 20 | 60         | 11:06         | 23:48        | 57    |           | 05:45       | 18:22      |
| Sam 21 | --         | --:--         | 12:13        | 54    |           | 06:45       | 19:28      |
| Dim 22 | 54         | 01:03         | 13:32        | 54    |           | 07:58       | 20:42      |
| Lun 23 | 56         | 02:22         | 14:48        | 59    |           | 09:13       | 21:54      |
| Mar 24 | 63         | 03:32         | 15:54        | 67    |           | 10:23       | 23:00      |
| Mer 25 | 71         | 04:29         | 16:50        | 74    |           | 11:27       | --:--      |
| Jeu 26 | 77         | 05:19         | 17:41        | 80    |           | 00:00       | 12:24      |
| Ven 27 | 82         | 06:05         | 18:27        | 83    |           | 00:52       | 13:14      |
| Sam 28 | 84         | 06:49         | 19:11        | 84    |           | 01:38       | 13:59      |
| Dim 29 | 83         | 07:29         | 19:51        | 82    |           | 02:18       | 14:37      |
| Lun 30 | 80         | 08:07         | 20:28        | 77    |           | 02:53       | 15:12      |

Décembre

| Date   | Pleine mer |               |              |       | Basse mer     |              |
|--------|------------|---------------|--------------|-------|---------------|--------------|
|        | Coef.      | Matin<br>h mn | Soir<br>h mn | Coef. | Matin<br>h mn | Soir<br>h mn |
| Mar 1  | 75         | 08:42         | 21:04        | 71    | 03:24         | 15:44        |
| Mer 2  | 68         | 09:16         | 21:38        | 64    | 03:54         | 16:16        |
| Jeu 3  | 60         | 09:49         | 22:12        | 56    | 04:24         | 16:47        |
| Ven 4  | 52         | 10:24         | 22:49        | 48    | 04:53         | 17:19        |
| Sam 5  | 44         | 11:04         | 23:34        | 41    | 05:26         | 17:57        |
| Dim 6  | 39         | 11:55         | --:--        | --    | 06:10         | 18:49        |
| Lun 7  | 37         | 00:31         | 13:01        | 37    | 07:11         | 19:54        |
| Mar 8  | 38         | 01:41         | 14:14        | 40    | 08:26         | 21:07        |
| Mer 9  | 43         | 02:50         | 15:21        | 47    | 09:41         | 22:17        |
| Jeu 10 | 52         | 03:52         | 16:20        | 56    | 10:49         | 23:19        |
| Ven 11 | 62         | 04:46         | 17:12        | 67    | 11:48         | --:--        |
| Sam 12 | 71         | 05:34         | 18:01        | 76    | 00:15         | 12:42        |
| Dim 13 | 80         | 06:21         | 18:48        | 84    | 01:06         | 13:33        |
| Lun 14 | 87         | 07:06         | 19:35        | 89    | 01:55         | 14:23        |
| Mar 15 | 91         | 07:52         | 20:22        | 92    | 02:43         | 15:11        |
| Mer 16 | 92         | 08:38         | 21:08        | 91    | 03:29         | 15:58        |
| Jeu 17 | 89         | 09:24         | 21:55        | 86    | 04:14         | 16:44        |
| Ven 18 | 83         | 10:10         | 22:42        | 79    | 04:59         | 17:30        |
| Sam 19 | 74         | 10:58         | 23:32        | 70    | 05:45         | 18:16        |
| Dim 20 | 65         | 11:50         | --:--        | --    | 06:33         | 19:05        |
| Lun 21 | 62         | 00:26         | 12:50        | 58    | 07:26         | 20:01        |
| Mar 22 | 56         | 01:31         | 14:00        | 54    | 08:28         | 21:07        |
| Mer 23 | 54         | 02:44         | 15:15        | 55    | 09:40         | 22:20        |
| Jeu 24 | 57         | 03:55         | 16:23        | 59    | 10:52         | 23:28        |
| Ven 25 | 62         | 04:56         | 17:23        | 65    | 11:58         | --:--        |
| Sam 26 | 68         | 05:50         | 18:15        | 71    | 00:27         | 12:53        |
| Dim 27 | 73         | 06:36         | 19:01        | 75    | 01:17         | 13:40        |
| Lun 28 | 76         | 07:18         | 19:41        | 77    | 01:59         | 14:20        |
| Mar 29 | 78         | 07:55         | 20:17        | 78    | 02:36         | 14:56        |
| Mer 30 | 77         | 08:29         | 20:49        | 76    | 03:09         | 15:29        |
| Jeu 31 | 75         | 09:01         | 21:20        | 73    | 03:40         | 16:01        |

Le Mascaret

Phénomène naturel, le mascaret appelé aussi «la barre» se caractérise par une vague pouvant atteindre plusieurs dizaines de centimètres lors des grandes marées.

La marée montante pénètre à contre-courant dans l'embouchure des fleuves (la Sée, la Sélune et le Couesnon) et forme brusquement une élévation d'eau ; il faut un coefficient supérieur à 90 pour la contempler.

Les principaux lieux où vous pourrez l'observer :

| Sites d'observation<br>Observation sites                                                                                                                                 | Heure d'arrivée conseillée<br>avant la pleine mer<br>Recommended arrival time<br>before high tide |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|
| Le Grouin du sud à Saint-Léonard                                                                                                                                         | 1h30                                                                                              |
| Le Rivage à Vains                                                                                                                                                        | 45 mn                                                                                             |
| Le Pont de Marcey-les-Grèves                                                                                                                                             | 30 mn                                                                                             |
| Le Gué de l'Epine au Val-Saint-Père                                                                                                                                      | 45 mn                                                                                             |
| Le Pont de Pontaubault                                                                                                                                                   | 30 mn                                                                                             |
| La Roche-Torin à Courtils                                                                                                                                                | 1h15                                                                                              |
| Le Mont Saint-Michel                                                                                                                                                     | 2h00                                                                                              |
| Attention : la marée peut être influencée par des phénomènes météorologiques. Le vent et la pression atmosphérique peuvent modifier l'horaire et la hauteur de la marée. |                                                                                                   |

**Attention !** Le barrage sur le Couesnon opère des lâchers d'eau quotidiens autour du Mont Saint-Michel, 6 heures après la pleine mer. Ces derniers peuvent durer 5 heures.

**Il est extrêmement dangereux de s'aventurer seul dans la Baie, y compris aux abords immédiats du Mont Saint-Michel.**

The bay is dangerous. Do not venture without a certified guide, including around the Mont Saint-Michel.

Mont Saint-Michel - Normandie Tourisme

2, rue du Général de Gaulle  
50300 AVRANCHES  
+33 (0)2 33 60 14 30

tourisme.lemontsaintmichel@msm-normandie.fr  
www.ot-montsaintmichel.com



Siret : 81756789400016 - IM050160002



Horaires des marées

en Baie du Mont Saint-Michel

2027



Un monde à ressentir